

Copperhaven School Newsletter



Message from Administration November 2024



Thank you to the many families who attended our virtual and in-person parent/teacher interviews. Please take this [one question survey](#) to let us know your thoughts on the format of interviews. If you have questions about your student's progress, or weren't able to attend an interview time, please reach out to your child's homeroom teacher.

Copperhaven School's Development Plan is an integral component of our school accountability and assurance process. This plan is an extension of the Parkland School Division [Education Plan](#), which sets out educational priorities and outcomes, while outlining the Division's Vision, Mission, Values, Ultimate Goal and Priorities. A strong plan implements strategies to maintain or improve student learning and achievement - while monitoring and adjusting as needed - and to help the school and division in making evidence-based decisions.

We invite you to familiarize yourself with Copperhaven's Development plan for the 2024-25 school year.

[Copperhaven Development Plan 2024-25](#)

To learn more and have your voice heard, families are encouraged to join our School Council meetings listed later in this newsletter.

We welcome your feedback and would love to hear from you. Please reach out by phone, email or book a time to meet with us.

***Michelle Visscher - Principal
Copperhaven School***



Upcoming Dates

Nov 4	CTF Tiny Homes Showcase Event
Nov 7	Remembrance Day Assembly. Staff and students encouraged to wear Black/Red Streamed on the CH Youtube Channel
Nov 8	PD Day - No School for Students
Nov 11 -15	Fall Break - No School
Nov 18 - 22	Bullying Awareness Week
Nov 26 - 29	Holiday Gift Shop
Dec 10 & 11	Winter Concerts Grade 1-6
Dec 16	Winter Concert Choir and Band; Winter Concert Kindergarten
Dec 17	Winter Concert Kindergarten
Dec 21 - Jan 5	Winter Break - No School

Stay informed of key dates by subscribing to the [calendar](#) on our website.

Indoor Footwear

Please note that indoor footwear is required for all students K-6 and highly recommended for all students. This helps keep our school safe and clean, especially in our stairwells when the weather creates wet conditions. All students are required to have proper shoes for physical education classes. Footwear such as crocs, boots (including cowboy/girl boots), flip flops etc are not appropriate for PE classes. Students who do not have proper footwear will not be permitted to participate in PE activities to ensure the safety of all students.



School Fees

[School Fees](#) will be added to your child's Powerschool account in the upcoming weeks. Fees can be paid with a credit card online through the PowerSchool Parent Portal at <https://powerschool.psd.ca/public/home.html>. In Powerschool, you can also see any fees that are added, such as Sports teams fees etc, as well as your account balance.







Spruce Grove Composite High School Update



Parkland School Division is excited to share a message regarding construction funding for a new state-of-the-art high school in Spruce Grove. Please click [here](#) to read more.

Student Wellness: Attendance

A key factor for student success at school is consistent attendance. Attendance has a significant impact on both academic success, and the development of strong interpersonal relationships. There are many reasons why student attendance may fluctuate including, but not limited to, illness, vacations, and appointments.

WAYS TO ENCOURAGE SCHOOL ATTENDANCE

GET READY Help your child get organized for school the night before. 	SHOW INTEREST Ask your child questions about school and celebrate accomplishments. 
TALK ABOUT IT Discuss the importance of going to school every day and arriving on time. 	BE CONSISTENT Maintain regular bedtime and morning routines. 
PLAN AHEAD Schedule appointments and vacations for when school is not in session. 	REACH OUT Contact teachers or school administrators about ways to help your child feel comfortable at school. 

It's never too late to improve attendance.  

If your child is struggling to come to school for any reason, please reach out to us so that we can provide the necessary support to get them to school regularly. As a community, our focus is student success and well being. At the school we are committed to doing all that we can to support you and your child in their educational journey.



Community Feedback



Parkland School Division and Copperhaven School are committed to growth and learning. We are also committed to engaging with our community on behalf of the students we serve. We strive for parents/guardians and various stakeholders to be involved in order to create a more wholesome education planning process. That eventually develops a Division and our individual schools' education plans. Think of '[Share A Thought](#)' as a 'How are we doing?' check-in. The Share A Thought survey will be available on our [website](#) throughout the year.

Winter Concerts

Copperhaven staff are excited to offer several Winter Concerts to ring in the season. Specific details will be shared closer to the dates from your child's homeroom teacher and/or Mr. Loge. Concerts consist of Grade specific songs along with a finale that includes all performers. Performers should arrive at 6pm (school doors open at this time) and the concerts begin at 6:30pm.

Please note the following concert outline on your calendars:

December 10: Grade 1-6 Concert *Last Names A - Kov*

December 11: Grade 1-6 Concert *Last Names Kri - Z*

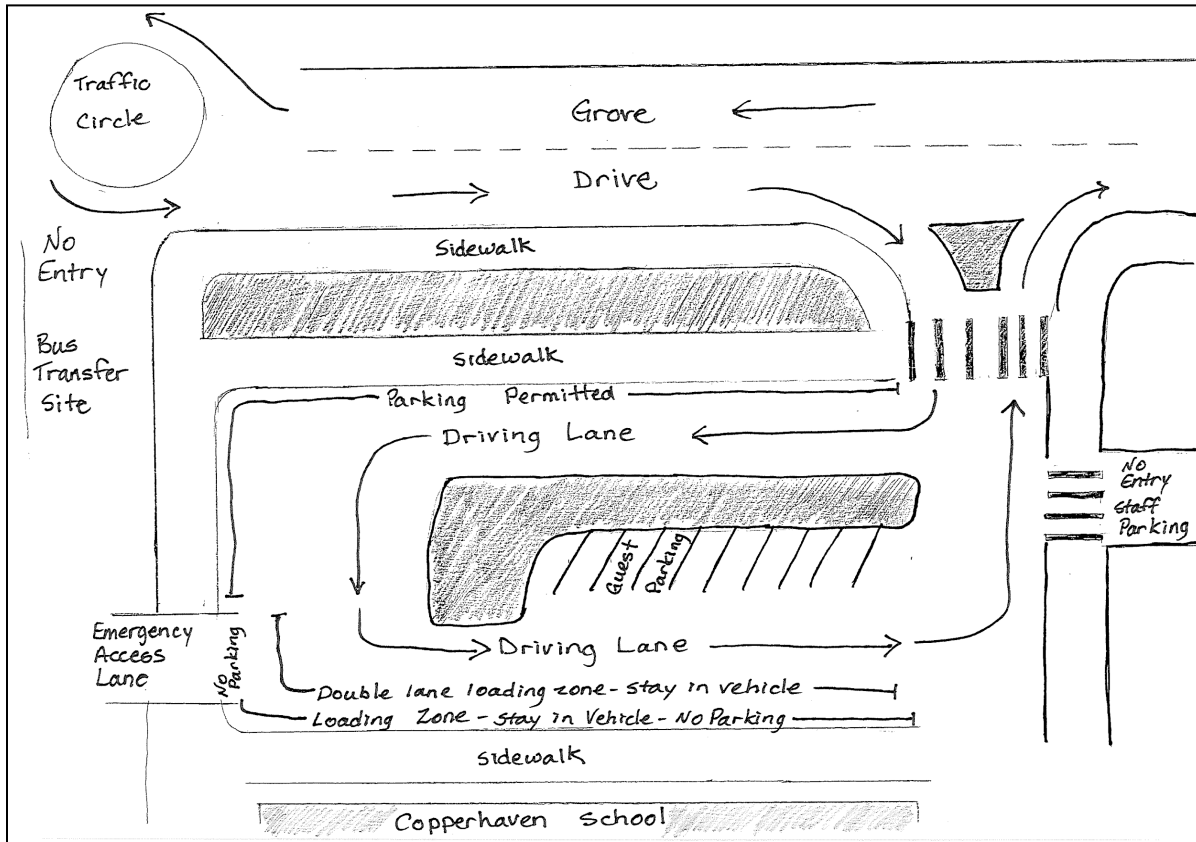
December 16: Choir and Band Concert

Kindergarten concerts are scheduled for December 16 & 17th at 1pm. Please watch for details from your child's teacher.

Parking Lot

Thank you for your patience at drop-off and pick up times. We ask that you are mindful of the traffic flow and drop off lanes as outlined in the map below. Please note that the front of the school provides one loading zone lane and one drop off lane. Drivers MUST remain in vehicles in the drop off lane. We recognize everyone's time is valuable, and our guidelines and supervisors are present to ensure student safety is first priority.

Please note that there is no parking at any time on Grove Drive.



Dogs At School

Part of a healthy community is encouraging families to walk/bike/ride to school. Often families choose to bring furry friends along for the fun, and we love the enthusiasm and joy pets bring. We ask that **if you have a pet with you, that you please keep the pet to the perimeters of crowded areas and/or consider the pet remaining at home.** Dogs are not to be around entrances/exits of the school for safety reasons. This allows us to ensure safety for students and pets during busy drop off and pick up times. Thank you for your understanding and consideration.

Athletics

Cross Country

Congratulations to all 50 runners from Kindergarten to Grade 8 who participated in this year's cross country races! It was a fantastic season and we look forward to next year!

Coaches: Mrs. Goulet and Mrs. Weatherbee

Volleyball

Jr Boys:

The junior boys volleyball team had an impressive season, showcasing their skills and teamwork on the court. They achieved a strong finish, placing 2nd in the Broxton and Graminia Jr Clash tournament and securing 3rd place overall in the season standings. Their dedication and hard work paid off, marking a memorable season with great results and promising potential for the future.

Jr Girls:

Congratulations to the Jr. Girls for a great season and playoff run! They tied for 3rd overall!

Sr Teams:

Both Senior teams finished in the top three of their divisions, with playoffs beginning the last week of October. Sr Boys will play in the Championship Game on Monday, November 4th!

Coaches:

Ms. Melnyk - Jr Girls

Mr. Presseau - Sr Boys

Mrs. Evans - Sr Girls

Mr. Toczak - Jr Boys

School Council Update

School Council Executive 2024-25

Chair - Sheila Monteith

Vice Chair - Amy Campbell

Secretary - Kim Ross

Fundraising Liaison - Pam Clendinning

Communications Director - Vacant

If you would like to learn more about the communication position, please reach out copperhaven.scchair@partner.psd.ca.

Upcoming Meetings:

November 19, 2024

January 21, 2025

February 18, 2025

March 18, 2025

April 15, 2025

May 20, 2025

All meetings begin at 6:30pm in the Library

Council has had a busy couple of first meetings this year! We started the conversation on our priorities this year and will be continuing this conversation at our November meeting. We would love to hear what parents would like council to focus on supporting our school!

Our next meeting is November 19, 2024 at 6:30pm in the Library.

We will also be having a guest to present on: Window of Tolerance

Remember to show your staff your appreciation: <https://bit.ly/copperhavenstaff>

Sincerely,

Copperhaven School Council: Sheila, Amy, Kim and Pam

Follow us on Social Media:

<https://www.facebook.com/copperhavenschoolcouncil>

<https://www.instagram.com/copperhavenpc/>

The Boundary Ridge Association (Fundraising) Update

Our last meeting was held on October 22, 2024 in the school library and was a great success. TBRA has hit the ground running with lots of great ideas and opportunities for school community involvement.

Our first pizza day was excellent bringing in \$1499.50 towards our fundraising goals, and \$336 towards parent council initiative for things such as staff appreciation days. A thank you to all involved to make pizza day a success for our children.

Copperhaven has approached TBRA with an amazing opportunity to benefit the school as a whole. One of the teachers would like to bring the Fish in Schools (FinS) program into our school. More about this amazing program can be found here <https://your.alberta.ca/fish-in-schools> . There would be an initial start up fee of \$2000. If you would like to make a donation or be a sponsor of this opportunity please visit <https://copperhaven.fundraiserorders.com> to do so.

This year TBRA will be running a Raffle Box in the weeks prior to winter break and the draw will take place on December 18, 2024 to ensure winnings are received by the lucky person prior to winter break. Stay tuned for additional information on the Raffle Box.

Contact us with any questions by email @ theboundaryridge@gmail.com or on Facebook/Instagram under The Boundary Ridge Association and @theboundaryridgeassociation respectively.

Bite to Eat (Hot Lunch Program)

Bite To Eat is excited to begin another year of hot lunch service to Copperhaven students. Deliveries will be on Fridays. Everyone will need to register for a new account even if you ordered last year. Your **access code is BITE**, all in capital letters. Visit bitetoeat.ca to place your orders. If you had a credit from last year, it will automatically be posted to your account when you register with the same email address. Any questions or concerns, please contact us at info@bitetoeat.ca.



How to Help Kids Learn to Fail

Parents tend to see their mission as helping their kids succeed. But there's a growing realization among teachers and other professionals who work with children that kids increasingly need help learning how to fail.

Not learning to tolerate failure leaves kids vulnerable to anxiety. It leads to meltdowns when the inevitable failure does occur, whether it happens in preschool or college. And perhaps even more important, it can make kids give up trying—or trying new things.

That's why Michael Jordan, one of the world's greatest athletes, has spent years preaching the importance of losing. Jordan has spoken extensively about how perseverance and resilience in the face of challenges on and off the court are what have made him a winner.

Unfortunately, as the world puts increased pressure on kids to be winners, and parents feel compelled to enable them in every way possible, we're seeing more and more kids who become distraught over even the smallest misstep.

Take my friend, Tara's son Gabe, who started taking piano lessons at 6. "Every time he played a wrong note he would pick up the music booklet and hit himself on the head with it!" she says. "His piano teacher said she'd never seen a kid who was so hard on himself. I told him when he made a mistake to treat himself the way he'd treat his younger cousin, that no one can learn if someone's being mean to them, and that he wasn't allowed to be mean to himself."

Clearly, distress or frustration tolerance is an important life skill to master. When it comes to school, the ability to make mistakes and recover from them is oftentimes more important to learn than whatever the content subject is. Building that skill set is necessary for kids to be able to become more independent and succeed in future endeavors, whether it's personal goals, academic goals, or just learning how to effectively deal with other people.

So how do parents teach kids to fail?

First, show empathy

Empathize with your child; see that she's in distress. Don't just say, "It's okay, you'll do better next time," It's invalidating to brush off a child's feelings of frustration and disappointment. It is important to acknowledge the feelings of frustration and disappointment. Instead, parents need to change their language: "I see you're really disappointed, I know you really wanted to do better."

Make yourself a model

You can explain that failure is a part of life and happens to everyone, even you. You could share examples of "failures" you've had. Parents can model how to handle their own disappointment, such as losing out on a promotion at work. Kids aren't necessarily exposed to the reality that life includes mistakes, missteps, and even failures. As much as everyone likes things to go according to plan, it's important to teach our children that it is also okay when they don't.

Make it a teachable moment

A child's failure is a chance for parents to teach acceptance and problem-solving skills. You and your child can try to come up with what she could do the next time for a better chance at success. For instance, could they study differently or talk to the teacher about any problems they're having before a test?

It's a balance of acceptance and change. It's about accepting that the situation is what it is and building frustration tolerance while also asking, 'Can we change something in the future. Can we learn from this?'

The minefield of social media

At the same time, kids need to know that sometimes when we fail or face disappointment, there's not a lot we can do about it at that moment; we have to accept it as a part of life and move on. An example is the minefield that is social media.

Say a girl's friends tell her they can't hang out with her and then she sees them together on Instagram or Snapchat. That really hurts. There are lots of emotions: frustration, disappointment, sadness, anger. How does she deal with that? Calling friends and screaming at them only makes things worse. She could ignore it and pretend she never saw it, but that's not going to make her feel better or change what happens in the future.

So how can a parent help her accept what happened? The girl might be able to get more information to make herself feel better. Perhaps she can talk to these kids in a calm way, telling them that she saw the photos and her feelings were hurt. Maybe she'll discover a reason behind it. But she may not get an answer she likes, or get one at all.

That leads to another life lesson: As hard as it is to hear, sometimes we get left out, sometimes we aren't liked, and we have to learn to cope with that truth without making the situation worse. A lot of these skills are needed for interpersonal relationships.

Step back and allow kids to fail

It can be very tough to watch your child fall down but they can only learn how to handle disappointment through trial and error. As books like [The Blessings of a Skinned Knee](#) and the newly released [Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed](#) emphasize, parents must stop hovering. Otherwise, they rob children of the very experiences that require problem-solving and set them on the path to resilience and the confidence to take on new challenges.

Therapy can help

If a child can't function because of a fear of failure, therapy may be called for. Even if a child doesn't have an anxiety diagnosis, they may be frozen with anxiety. When that happens, in therapy, we slowly expose them to things that aren't perfect.

For instance, parents will complain that homework takes forever because a child will repeatedly rip it up and start over. We're teaching kids that it's okay to misspell a word and keep going. In a session a child might be asked to write a paragraph or two and make as many mistakes as they can, including sloppy handwriting, to get them used to the idea that it's not the end of the world to make mistakes. We say we're going to practice making mistakes. We know it's uncomfortable for you, and we also know that with practice, you can learn how to tolerate it.

Learning to fail can be painful. But kids will only succeed if they can acquire the skill to handle whatever life throws their way.

Stronger Together Newsletter

Each month, Parkland School Division's Student Services team compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. In this month's issue, find out about the upcoming Strong Families sessions, Remembrance Day Services, winter clothing community resources and more. For the latest addition click [here](#).

Photo Gallery

HAPPY Halloween

